



# NYAPT NEWS

Co-Editors: Christine Foreacre & David Crenshaw

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## President's Letter

### NYAPT Board

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### Annual Conference:

The 12<sup>th</sup> Annual NYAPT conference is fast approaching! This year's conference will be March 18-19, 2011 at the Poughkeepsie Grand Hotel in Poughkeepsie, NY. In response to the feedback from last year's conference two days of keynotes and workshops will again be offered this year. Please refer to the enclosed brochure for additional information. **Don't** miss this excellent training opportunity. We hope to see you there!

### Conference Scholarships:

As was announced last year, NYAPT will be accepting applications for scholarships for the 12<sup>th</sup> annual conference. There are two student scholarships and two professional member scholarships available this year. These scholarships will cover or reimburse the cost of registration for two students and two members. Please refer to the enclosed information and application.

### Conference Raffle:

We would like to continue to offer (and potentially expand) scholarship opportunities. Last year funds were raised in part through a silent auction at the conference. This year we will be offering a variety of raffle items including books, relaxation baskets and play therapy items. Tickets will be available at the registration desk. Please join us!

### Election:

It is hard to believe how quickly this year has gone! It is election time once again. This year's ballot is enclosed in this newsletter. Please take a moment and vote. We want this election to be reflective of your wishes!

### Student Representative:

NYAPT is in need of a Student Representative. This is an honorary position on the NYAPT board. The responsibilities of the Student Representative include taking an active part in encouraging affiliate members to become full or professional members. The Student Representative's function is to attend board meetings in order to understand the workings of the NYAPT board (in order to eventually take on a more active role within the organization).

We are looking for someone who is motivated and creative; someone who can envision and put into action ways to reach out to students and mobilize their involvement. Interested student members can contact me at [maassini2000@yahoo.com](mailto:maassini2000@yahoo.com) for more information.

We hope to see you in Poughkeepsie!

As always, if you have any questions or concerns please contact me.  
Enjoy! Mary Anne

## **New NYAPT Members**

Congratulations to the following people who became members of NYAPT in the last three months (November 2010- January, 2011): Diane Azevedo, Jocelyn Blanchfield, Ilsie Jimenez, Henry Kronengold, Jennifer Lefebvre-McGevna, Alana Sangiacomo, Jennifer Schneider, Diane Beebe Zeccola. Welcome!

## **News of Members**

**Lois Carey** reports the following upcoming events:

1. Presenting Supervision of Sandplay Therapy for the NYAPT in March - all play therapists should not miss this conference!
2. Presenting, with Ilka List, Symbolism of the Snake, for the East Coast Sandplay Association. Contact Dennis McCarthy - [metamorphosinstitute@gmail.net](mailto:metamorphosinstitute@gmail.net).
3. Presenting in Ireland in June - Three Methods of Sandplay Therapy and Jungian Sandplay Therapy.
4. Fisher King Press just (Jan.) released my "quasi-memoir", A Salty Lake of Tears.
5. My granddaughter Elena is to be married in September.
6. My two great granddaughters will attend the 85th birthday celebration of their great grandfather!!

**Athena Drewes** will be presenting in Toronto at the CACPT Annual Conference, April 29 and April 30, 2011. She will be giving two all-day workshops: *A Skill-building Workshop: Effectively Blending Play-based Techniques with Cognitive Behavioral Therapy for Affect Regulation in Sexually Abused and Traumatized Children*, and *Helping Foster Children to Heal Broken Attachments Through Play Therapy*.

Athena was also invited by the Institute for Disaster Mental Health at SUNY New Paltz to collaborate with them in creating a full-day training module for the United Nations International Emergency Preparedness and Support Teams (EPST). The module will train in how to deal with overseas disasters that impact children, youth and families (e.g. loss of a UN worker due to riots, terrorism, etc.). She is senior author and the module has been accepted by the UN and will be implemented around the world.

Consequently, she was also invited to present a workshop at the Institute for Disaster Mental Health Conference: *Lessons From Adversity: Strengthening Preparedness with Reflections from 9/11* for April 8, 2011 at SUNY New Paltz. The workshop is "Supporting Children, Teens and Families Post-Disaster".

## **ACAIT Professional Insurance**

Professional malpractice insurance is available at very competitive rates to APT member psychologists, counselors, therapists and social workers via the ACA Insurance Trust program. Inquiries should be directed to: Paul Nelson, 800-347-6647 x 342 or [pnelson.acait@counseling.org](mailto:pnelson.acait@counseling.org).

## **Play Therapy Technique**

Mary Carol Dearing, a clinical social worker in Williamsville Central School District, was interviewed for an article that appeared in the *Buffalo News* on 1/24/11. The following is an excerpt from that article.

In her work with 5 to 10 year old children with impulsive and attention deficit disorders she uses mindful practices. These practices are helpful in their ability to reduce stress and can be used for a therapist's self care as well as in her practice. She described a mindfulness technique that uses a "glitter ball"(like a snow globe), which she learned from author Susan Kaiser Greenland, who wrote "The Mindful Child." She and the child

shake up the globe and discuss how it becomes cloudy and sparkly. She then likens this to what it feels like when the child is having trouble focusing on their thoughts and their feelings are confused. She then tells them that being still and quiet will let everything settle. This leads to clarity for the child.



## **Grin and Share It**

**A humor column based on true experience**

**by Dr. Laurie Zelinger**

[www.drzelinger.com](http://www.drzelinger.com)

Six year old Nicole was teaching her younger sister all the words to Jingle Bells, and carefully enunciated each syllable: "A one hor soap in slay".

When walking past a playground in the preschool center, I saw a teacher aide admonishing a young boy with the words, "We don't hit!" to which the boy responded, "Oh yes we do!" and he fisted her in the stomach before he ran off.

Ollie called me to tell me about his visit to the doctor, when his mother accidentally picked up the phone. When he realized she was listening in, he shouted in his most polite voice, "Mom! Stop ears dropping!"

Ella was telling me about how people die. Before they die they make noodle pudding and you go there to eat it at their house every Sunday like at Nona Dina's, then they get lines in their faces, and then they go up in the sky and they can't cook anymore up there but they watch down on you and see what you eat.

Emma was scolded when her sister "told on her" for saying the word "dumb". When her mother asked for clarification, Emma replied, "All I said was, "If you gib the chips to dumb now, day won't have any left for layda when they want dumb".

Manny told me his friend got a castle. "How exciting!" I remarked. "Yea, the hospital put it on him when he broke his arm"

3-year-old Manny was playing doctor and opened the medicine pill jar in my doctor drawer and asked, "What are those things inside?" I responded somewhat ambiguously and asked what he thought they looked like, to which he responded, "a bottle full of choking hazards, if you ask me!"



**David A. Crenshaw, Ph.D., ABPP, RPT-S**

This is one of the most interesting and useful books I've reviewed in a long time for those who are interested in a depth approach even in the context of relatively short-term therapy. Steven Tuber is a serious student of Winnicott and wrote a highly acclaimed book reviewed in an earlier column called: *Attachment, Play, and Authenticity: A Winnicott Primer*. Tuber and Caffisch have organized this book around 12 case transcripts that enable the reader to follow the development step by step of the clinical process and more importantly to read the incisive commentary by the authors on the cases of students at the City College of NY where Tuber teaches. All of the therapists were seeing their very first child patient. The cases are divided into three sections. The first set of cases is conceptualized around developing a framework for self-reflection.

The second section features a wide range of challenges to the creation of the frame and ways to handle those challenges. The third section of the book highlights transcripts where the self-reflective frame had been established and the focus was on broadening the frame.

One of the unique and appealing features of this book is that transcripts of entire sessions are provided rather than just excerpts so the reader can appreciate the natural flow and rhythm of the sessions. Although this book is intended for beginning child and play therapists, I think even seasoned practitioners will profit immensely from the rich clinical insights of the authors and their ability to communicate effectively the unfolding of the creative and dynamic clinical process in a way that is almost a work of art. If I were teaching graduate students in beginning child therapy this is the text I would want to use. I think it will be the **standard for teaching child** therapy for years to come

### **ARTICLE ABSTRACT**

#### **A Naturalistic Study of the Early Relationship Development Process of Nondirective Play Therapy**

*by Nancy Riedel Bowers, Wilfrid Laurier University*

*(reprinted from International Journal of Play Therapy 2009, Vol. 18, No. 3, 176–189)*

In this study, the naturalistic method of qualitative research (Y. Lincoln & E. Guba, 1985) was applied to the study of the early relationship development process (ERDP) of nondirective play therapy. The analyses of individual and focus group meetings with play therapists in Canada and Holland as well as from videotapes from the same settings resulted in the emergence of 6 themes: description, qualities, goals, therapeutic support, process, and indicators of growth. These themes, which are presented in the "voices of the participants," together with the literature review, serve to enrich the description of ERDP. The data suggested that play provides an environment of safety, creativity, and privacy when careful preparation for therapy from outside supports such as family, caregivers, and school settings takes place. With this in place, the child is able to share his or her narrative, developing a sense of empowerment, a better sense of self-actualization, a language, and "a voice" all facilitated by the early relationship with the play therapist. In addition, new information emerged from the analyses of videotapes acquired from the same 2 settings, suggesting that there is a propensity for children to find "comfort" play when permitted to freely discover the play room.

## **Conference Scholarships Available!**

Wishing you could attend the upcoming NYAPT Annual Conference but finances are getting in the way?

NYAPT has several options for you!

- **Become a volunteer!**

NYAPT has a limited number of volunteer positions available. Duties of the volunteer include helping out at registration, during our annual meeting and lunchtimes with raffle tickets, and during workshops to assist the workshop presenter, in checking entry tickets and giving out and collecting feedback forms.

- **Student Scholarships**

Next, we have **two** student scholarships for two-day attendance at the conference. These scholarships require the applicant to be enrolled full or part-time in an educational program.

- **NYAPT Member Scholarships**

Finally, new this year, are **two** NYAPT member scholarships for attending both conference days. Recognizing finances are tight for everyone, members can apply for their registration fee to be waived. You must be an NYAPT member to qualify.

## **Scholarship Fundraiser!!!**

In order to help fund our scholarships for students and members, this year we will be holding a *Tricky Tray Fundraiser* at the conference. A variety of new and gently used items will be available for attendees to try and win. Tickets will be Scholarships only cover registration for the conference. They do not cover hotel, transportation, or other related expenses. The scholarship is not transferable and can only be used by the individual selected.

If you are interested in applying for the scholarship, please fill out the application in this newsletter and return your application via email to Athena Drewes, [adrewes@hvc.rr.com](mailto:adrewes@hvc.rr.com), by **March 5<sup>th</sup>**. Applications will be reviewed and winners chosen from all applications received. The scholarship winners will be notified by March 10<sup>th</sup>.

Attendees put in as many tickets as they want in the bags in front of the items offered that they are hoping to win. On our second day, March 19<sup>th</sup>, during lunch, one winner will be chosen from each bag for each of the items offered. The more tickets you put in the bag for the item you want, the greater the chance of winning!!

Do you have play therapy and self-care items you would like to donate? It could be an extra copy of a play therapy book, toys, sandtray miniatures, or other items of interest. Please contact Athena Drewes ([adrewes@hvc.rr.com](mailto:adrewes@hvc.rr.com)) if interested in donating to our fundraiser (donations are tax deductible)!

**ON THE NEXT TWO PAGES YOU WILL FIND THE SCHOLARSHIP FORM.**

**FOLLOWING THAT ARE FIVE PAGES OF THE 2011 CONFERENCE BROCHURE AND REGISTRATION FORM.**

**FOLLOWING THAT IS INFORMATION ABOUT THE NYAPT ELECTION AND THE BALLOT TO FILL OUT AND RETURN TO ATHENA DREWES.**



## NYAPT 2011 CONFERENCE SCHOLARSHIP FORM



*The purpose of the New York Association for Play Therapy scholarships is to provide the opportunity to current NYAPT individual members and students who, due to financial restrictions, would otherwise be unable to attend the annual NYAPT conference without support.*

*NYAPT Scholarships offer the recipient a complimentary 2 day conference registration, March 18-19, 2011. Awards are based on financial need, contributions to the field of play therapy, and potential to give back to the field. NYAPT members are given preference. Two Member and Two Student Scholarships are awarded to cover part or all of the base conference fee and do not include room and board or transportation. The scholarship recipient is responsible for securing their own travel, lodging and incidental expenses.*

**Application Procedure:** E-mail applications are preferred as a more sustainable option than mailing paper copies. Copy and paste the application below into Word as a new document, complete the form, and submit as an attachment. Send the completed application to [adrewes@hvc.rr.com](mailto:adrewes@hvc.rr.com). Paper applications may be mailed to: Athena Drewes upon request. **The deadline for receipt of the application is March 5, 2011.** Selections will be made after reviewing all applications received. Scholarship applicants will be **notified of our decision by March 10, 2011.**

*Scholarships are not transferable. Scholarship recipients must notify NYAPT if they cannot attend.*

1. Name: \_\_\_\_\_

2. Phone (day): \_\_\_\_\_ Phone (evening): \_\_\_\_\_

3. Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zipcode: \_\_\_\_\_

4. E-Mail: \_\_\_\_\_

5. Are you a current member of NYAPT?

6. Have you previously received a NYAPT conference scholarship, and if so, which years? \_\_\_\_\_

7. Are you a student? \_\_\_\_\_ full time (12-15 hours) \_\_\_\_\_ part time \_\_\_\_\_  
(Submit a photo copy of your current school year ID with application.)

8. Please describe your current or past NYAPT activities and contributions:

9. Financial Need (Please list all figures in US dollars):

a. Sources for funding for conference attendance:  
Employer \_\_\_\_\_ Out of pocket \_\_\_\_\_ Other, please specify \_\_\_\_\_

b. Assistance Needed (Check all that apply):  
\_\_\_\_ Complete Registration Fee comp  
\_\_\_\_ Partial Registration Fee comp  
\_\_\_\_ Serving as a Volunteer, with registration fee waived  
\_\_\_\_ Having registration waived but not serving as a volunteer

c. What else should we know about your Financial Situation?

10. **On a separate page, please provide the review committee with the following information:** Please write a statement no longer than 500 words total **including all three** items below:

- why do you wish to attend this conference?
- how do you plan to use what you learn to promote play therapy in your work and community settings?
- what significance would the conference have for your personal and professional objectives?

I understand and accept the above requirements.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Scholarship applications must be received by March 5, 2011.**

Return Application to: [adrewes@hvc.rr.com](mailto:adrewes@hvc.rr.com). You will receive a reply e-mail to let you know your application has been received. All scholarship applicants will be notified of decision regarding their scholarship application by March 10, 2011. Thank you.



**New York Association for Play Therapy, Inc.**  
**12<sup>th</sup> Annual Conference**  
**March 18-19, 2011**

“A Potpourri of Play Therapy Treatments & Techniques”

**Keynote Speakers:**

**Friday March 18, 2011:**

Brenda L Bierdeman, PsyD, CPT-P

***Hitchhiker’s Guide to Planet Earth: Play Therapy Tools for Kids Who Don’t Fit In***

**Saturday March 19, 2011:**

Nancy Boyd Webb, DSW, LICSW, RPT-S

Deborah Vilas, MS, CCLS, LMSW

***Children with Medical Conditions in the Hospital and in the Community: How Play Therapy Helps Deal with Stress and Anxiety***

**Sectionals:**

**Friday March 18, 2011**

***Honoring Symbols & Depth in Play Therapy***

***Lessons Learned from Children in Play Therapy***

***Supervision of Sandplay Therapy***

**Saturday March 19, 2011**

***Vicarious Trauma and Self-Care for the Play Therapist***

***Dealing with the Deployment of a Parent Using Play Therapy***

***The Homecoming: Child Play Therapy Sessions Incorporating Families to Optimize Growth***

**The Poughkeepsie Grand Hotel,  
40 Civic Center Plaza  
Poughkeepsie, NY 12601**

**The 12th Annual Conference  
New York Association for Play Therapy, Inc.**

Come join us at the twelfth Annual New York State Conference focusing on an assortment of play therapy treatments, issues and techniques. Why should you attend? Play therapy is a rapidly growing field of specialized psychotherapy techniques and interventions for use with children and adolescents in a variety of settings. This conference will offer participants the opportunity to hear several renowned speakers. On Friday, March 18<sup>th</sup> Brenda L Bierdeman, PsyD, CPT-P will present the morning keynote entitled: ***Hitchhiker's Guide to Planet Earth: Play Therapy Tools for Kids Who Don't Fit In.*** Participants will then choose from one of three afternoon workshops available: **Supervision of Sandplay Therapy** by Lois Carey, LCSW, RPT-S; **Honoring Symbols & Depth in Play Therapy** by David Crenshaw, PhD., ABPP, RPT-S; **Lessons Learned from Children in Play Therapy** by Jodi Mullen, PhD., LMHC, NCC, RPT-S and June Rickli, MS, LMHC, CCPT-S, RPT.

On Saturday March 19<sup>th</sup> Nancy Boyd Webb, DSW, LICSW, RPT-S and Deborah Vilas, MS, CCLS, LMSW will present the morning keynote entitled: ***Children with Medical Conditions in the Hospital and in the Community: How Play Therapy Helps Deal with Stress and Anxiety.*** One of three afternoon workshops will then be available to choose from: **Vicarious Trauma and Self-Care for the Play Therapist** by Joan Bender, MA, LMHC; **Dealing with the Deployment of a Parent Using Play Therapy** by Ashley Lawton, MS, CCPT and Rikki Ziegen, MS; **The Homecoming: Child Play Therapy Sessions Incorporating Families to Optimize Growth** by Joan Riesenberger, LCSW-R, LMFT, RPT-S, Marti Mowers, EdD., LCSW-R, LMFT, RPT-S and Rebecca Heurtley, LCSW-R, LMFT, RPT-S.

**Who Should Attend?** Social Workers, Psychologists, Family Therapists, Psychiatrists, School Counselors, Child Life Specialists, Nurses, Educators, Mental Health Counselors and Graduate Students.

**Continuing Education Certificate:** 10 continuing education contact hours in play therapy available! The New York Association for Play Therapy, Inc. is approved by the Association for Play Therapy, Inc. to offer continuing education specific to play therapy. Our provider number is 98-044. The New York Association for Play Therapy, Inc. maintains responsibility for the program.

**Details and Fees:** Discount for Full-time Students, NYAPT, Inc. and APT, Inc. Members. Full-time graduate students must supply a letter from their department head certifying their student status. NYAPT, Inc. and APT, Inc. Members must be listed as current members.

**Registration:** To register on line via credit card: <http://www.acteva.com/booking.cfm?bevoid=214577>

To register by mail make checks payable, in U.S. dollars, to the New York Association for Play Therapy, Inc. Mail to: The New York Association for Play Therapy, P.O. Box 477, Rhinebeck, NY 12572.

**For information:** Please contact: Chris Foreacre at (845) 758-9391; e-mail [chrisf@frontier.com](mailto:chrisf@frontier.com).

**Cancellation Policy:** A refund of the registration fee will be made if requested prior to March 3, 2011. No refunds will be issued after March 10, 2011. An administrative charge of \$40 will be retained on all refunds. NYAPT, Inc. reserves the right to cancel this conference in the event of unforeseen circumstances, and an attempt will be made to notify registrants at least 10 calendar days before the start of the conference, with the full registration fee returned. In all instances, NYAPT, Inc.'s liability is limited to refund of registration fees only.

**Accommodations:** Reserve your lodging at the comfortable, full-service, Poughkeepsie Grand Hotel, 40 Civic Center Plaza, Poughkeepsie, NY 12601 (845) 485-5300. [www.pokgrand.com](http://www.pokgrand.com)

Conference lodging rate: \$99.00 per night plus taxes if booked before February 19, 2011. The hotel and conference area are handicapped accessible. Mention NYAPT Conference for the special rate.

**Friday, March 18, 2011:**

8-8:45am: Registration and Continental Breakfast

8:45-9:00am: Announcements and Introduction:  
Mary Anne Assini, LCSW-R, RPT-S -NYAPT President

9:00-10:30am: **Keynote:**  
***Hitchhiker's Guide to Planet Earth: Play Therapy Tools for Kids Who Don't Fit In***  
-Brenda L Bierdeman, PsyD, CPT-P

Children with neurological disorders such as ADHD, Autism Spectrum Disorders, Tourette's Syndrome, Learning Disabilities, and PDD often experience difficulties with self-regulation and interpersonal relationships. This workshop will provide the participant with multi-sensory play therapy techniques that can be used to teach these sensitive children social skills, understanding non-verbal cues, modulation of eye to eye gaze and personal space. Play therapy strategies will be learned to help these kids manage their anger and reduce anxiety, stand up to bullies and calm themselves down. Participants will also learn how to more accurately interpret acting out and self-stimulating behaviors, how to differentiate negative behaviors from self-regulation and cueing, and how to modify play therapy techniques and play therapy areas to make them more multi-sensory.

10:30-10:45am: Break

10:45-Noon: **Keynote (continued)**  
***Hitchhiker's Guide to Planet Earth: Play Therapy Tools for Kids Who Don't Fit In***  
-Brenda L Bierdeman, PsyD, CPT-P

Noon-1:30pm: Lunch (included), Annual Meeting, Prizes, Shopping

1:30-3:30pm: Afternoon Sectionals - Choice of One:

**Workshop I: Supervision of Sandplay Therapy** by Lois Carey, LCSW, RPT-S

Sandplay supervision is a special area within play therapy. This workshop will provide an opportunity for participants to present a case for discussion by the group. Case history with pictures should be presented to the instructor prior to the workshop (maximum- 12 participants).

**Workshop II: Honoring Symbols & Depth in Play Therapy** by David Crenshaw, PhD., ABPP, RPT-S

In psychoanalytic theory the purpose of a symbol is the masking of meaning. The choice of symbol for self-expression in play therapy may be determined by a mix of conscious and unconscious factors but often precisely captures what is emotionally meaningful for the child. In this workshop, clinical examples of various forms of symbol expression through play, drawings, storytelling, and direct symbol work will be discussed in terms of therapeutic value from psychoanalytic and child-centered theoretical perspectives. Examples of both child-centered and therapist-directed symbol work will be shown.

**Workshop III: Lessons Learned from Children in Play Therapy** by Jodi Mullen, PhD., LMHC, NCC, RPT-S and June Rickli, MS, LMHC, CCPT-S, RPT.

This workshop will explore the child's role as teacher in the therapeutic playroom, and how play therapists can learn to recognize what child clients can teach us about ourselves, play therapy and life.

3:30-4:00: Ice cream social, networking, shopping

**Saturday, March 19, 2011:**

8:15-8:45am: Registration and Continental Breakfast  
8:45-9:00am: Announcements: Mary Anne Assini, LCSW-R, RPT-S  
9:00-10:30am: **Keynote:**

***Children with Medical Conditions in the Hospital and in the Community: How Play Therapy Helps Deal with Stress and Anxiety***

-Nancy Boyd Webb, DSW, LICSW, RPT-S & Deborah Vilas, MS,CCLS, LMSW

Acute or chronic health problems that emerge in infancy or later in childhood may seriously derail a child's development and create daunting problems. This presentation illustrates the role of play therapy in helping chronically or acutely disabled youths achieve a positive identity and hopeful outlook, despite the stresses and anxiety associated with hospitalization and ongoing treatment. This presentation uses examples of hospitalized children and those living in the community and illustrates how play therapy can help chronically or acutely disabled youth through a combination of art, narrative, and other play therapy methods to resolve trauma, loss and identity issues.

10:15-10:30am: Break

10:30-Noon: **Keynote (continued)**

***Children with Medical Conditions in the Hospital and in the Community: How Play Therapy Helps Deal with Stress and Anxiety***

-Nancy Boyd Webb, DSW, LICSW, RPT-S & Deborah Vilas, MS,CCLS, LMSW

Noon-1:30pm: Lunch (included), Prizes, Shopping

1:30-3:30pm: Afternoon Sectionals- Choice of One:

**Workshop IV: *Vicarious Trauma and Self-Care for the Play Therapist***

- Joan Bender, MA, LMHC

Working with children who have experienced trauma can leave a play therapist feeling physically, mentally, emotionally and spiritually worn out. Play Therapists in particular are at risk due to the empathetic nature of their work and the vulnerability of the children they work with. The cumulative effects of hearing traumatic stories, and re-enacting trauma through play, contribute to a therapist experiencing vicarious trauma. During this workshop we will explore signs of vicarious trauma, and ways of combating its effects through personal self-care.

**Workshop V *Dealing with the Deployment of a Parent Using Play Therapy***

-Ashley Lawton, MS, CCPT and Rikki Ziegen, MS

Participants will explore grief and loss among children who have experienced the deployment of a parent. Secondary and intangible losses will be explored along with themes and behaviors and play therapy techniques for helping children manage their feelings and behaviors.

**Workshop VI: *The Homecoming: Child Play Therapy Sessions Incorporating Families to Optimize Growth***

- Joan Riesenberger, LCSW-R, LMFT, RPT-S, Marti Mowers, EdD., LCSW-R, LMFT, RPT-S and Rebecca Heurtley, LCSW-R, LMFT, RPT-S.

Play Therapists have the ability to strengthen a child's sense of self. It is crucial to then bring family members into the process; this shift allows for new family interactions. Techniques presented provide for playful family session, which send child and family on a journey of subtle yet meaningful change.

3:30-4:00pm: Refreshments, networking

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Registration Form  
Name \_\_\_\_\_ Title \_\_\_\_\_ Degree \_\_\_\_\_

12<sup>th</sup> Annual NYAPT, Inc. Conference

Agency \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: Work (\_\_\_\_) \_\_\_\_\_ Home (\_\_\_\_) \_\_\_\_\_ e-mail: \_\_\_\_\_

Please include my information above in the conference networking list: \_\_\_\_\_ Yes \_\_\_\_\_ No

**Conference, March 18-19, 2011**

Fees: (Deadline March 14, 2011) (Includes daily continental breakfast, lunch, and refreshments and CE certificate)

**Registration:**

To register and pay by credit card on line: <http://www.acteva.com/booking.cfm?bevaid=214577>

**To pay by check:** Make checks payable to the **New York Association for Play Therapy, Inc.- Mail to:** The New York Association for Play Therapy, P.O. Box 477, Rhinebeck, NY 12572.

**One day: (either March 18 or March 19):**

Full-time Students \$90.00 (includes CE) one day \$ \_\_\_\_\_

Member (includes CE): \$135.00 \$ \_\_\_\_\_

Non-member (includes CE): \$190.00 \$ \_\_\_\_\_

**Two-day Conference, March 18 and March 19:**

Full-time Students (includes CE) \$140.00 two days \$ \_\_\_\_\_

NYAPT/APT Members: \$240.00 (includes CE): \$ \_\_\_\_\_

Non- Member: \$340.00 (includes CE): \$ \_\_\_\_\_

**Total Due (U.S. funds) \$ \_\_\_\_\_**

**Workshop Choices:**

Please indicate order of preference 1<sup>st</sup> – 3<sup>rd</sup> next to workshop number for each day attending)

Friday, March 18<sup>th</sup>: I \_\_\_\_\_ II \_\_\_\_\_ III \_\_\_\_\_

Saturday, March 19<sup>th</sup> IV \_\_\_\_\_ V \_\_\_\_\_ VI \_\_\_\_\_

.....  
**Membership Application:** I would like to join NYAPT, Inc./APT, Inc. as a (check one):

\_\_\_\_ **Member:** \$100 for dual membership annual dues/publications (Masters, Doctorate/equiv.)

\_\_\_\_ **Affiliate:** \$60 for dual membership annual dues/publications (Students/other individuals)

Name: \_\_\_\_\_ Degree: \_\_\_\_\_ Affiliation: \_\_\_\_\_

Address \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_ e-mail: \_\_\_\_\_ FAX: \_\_\_\_\_

Please make separate check payable (in U.S. Dollars) and **mail membership form and check separately to:**

Association for Play Therapy, Inc., 3198 Willow Ave., Suite 110, Clovis, CA 93612 . Member-Get-A-Member

Sponsor: NYAPT, Inc. President.

## **NYAPT ELECTIONS**

It is again time for the election of officers for NYAPT. Please take a moment to fill out the ballot on Page 12 and send it to Athena Drewes. Below is the biographical information on the candidates.

**Joan Bender**, MA, LMHC, is a member of APT/ NYAPT and a Licensed Mental Health Counselor with a Master's Degree in Community Psychology from Sage Graduate School. She is the Director of Training and Professional Development at St. Catherine's Center for Children, and a faculty member of the Sanctuary Leadership Development Institute. In addition to her role as an educator, she has provided individual, group and play therapy for children and families while working in the child welfare field for the past 20 years.

**Rebekah Crofford**, PhD, LCSWR, RPTS, is an associate professor of social work at Roberts Wesleyan College. Dr. Crofford teaches across the child and family concentration including courses in assessment, interventions and play therapy (a course she developed). In addition to these courses, Dr. Crofford provides play therapy trainings and supervision for community mental health professionals. She also has a small private practice where she provides therapy for children and families. Prior to being in academia, Dr. Crofford worked as a school social worker and clinical supervisor for children and adolescents who were emotionally and behaviorally disturbed. Of particular interest to Dr. Crofford is strengthening the parent/child relationship through play. Rebekah Crofford is a wife and mother (Mikayla, 10 and Jeremiah, 8) as well and resides in Akron, NY (between Rochester and Buffalo).

**Stephen P. Demanchick**, Ph.D., is an Assistant Professor for the Creative Arts Department at Nazareth College and Director of the Nazareth College Play Therapy Center for Children and Families. He earned his Ph.D. from University of Rochester in October 2007. Stephen is a Licensed Mental Health Counselor, a Registered Play Therapist, Nationally Certified Counselor, and NIRE certified child-centered play therapist. Stephen has completed the APT Leadership Academy training and is the current Chair of the APT University Education Committee. In addition, Stephen serves on the editorial board for the International Journal of Play Therapy and helped with the production of the APT History Speaks series. He has authored or coauthored chapters and articles about play therapy with adults with developmental disabilities (Demanchick, Cochran, & Cochran, 2003), Primary Project (Demanchick, Peabody, & Johnson, 2009) and Filial Therapy (Demanchick, 2009). He is a founding member of the Rochester Area Person-Centered Association, an active member of the Rochester Animal Assisted Therapy Initiative, and actively serves on the multicultural affairs committee at Nazareth College. Most recently, Stephen and his dog Cotton have become Registered Pet Partners through the Delta Society and now conduct animal-assisted play therapy sessions.

**Christine Foreacre**, M.S. was a founding member of NYAPT and has served on the Board in the positions of Director, Corresponding Secretary and Recording Secretary. She is currently a Co-editor of the NYAPT Newsletter and, for many years, has been responsible for the registrations at the Annual Conference. After 30 years of experience in residential treatment and play therapy she retired at the end of 2001 from The Astor Home for Children in Rhinebeck, NY.

**Jillian Kelly**, LMSW, has been a Mental Health Clinician at the Institute for Family Health since June 2010. In addition, Ms. Kelly recently accepted the role of Youth Coordinator and Leader of the Continuous Quality Improvement project. Ms. Kelly earned her Master of Science in Social Work at Columbia University, where she was an active student in both the schools of Social Work and Public Health. Ms. Kelly earned her Bachelor of Arts in Psychology and English with a minor in Health and Human Development from Lehigh University. While at Lehigh University she completed an honors thesis entitled "Why Narrative: Narrative and its Effect on Coping and Healing" which examined the various pathways to healing following crisis. Ms. Kelly's passion toward social work was further cultivated while interning with the inpatient Social Work and Child Life departments at a hospital for children in Ireland. Ms. Kelly is committed to mental health counseling, with a developing interest in trauma-focused cognitive behavioral therapy for children.

**Laurie Zelinger**, Ph.D., earned a Master's degree in School Psychology in 1976 and her doctorate in Clinical School/Community Psychology in 1993. She has worked in a psychological capacity for nearly 35 years for OMRDD, BOCES, a therapeutic preschool center, two public school districts on Long Island and private practice. Dr. Laurie has been supervising and training graduate school interns in their field work placements for 25 years, earning affiliations with NYU Bellevue Department of Psychiatry, Pace University and St John's University. Volunteer positions *with a cause* have lured Dr. Laurie's commitment to take on the role of Co-Chairperson of the Board of Education for the Brandeis School, coach and Commissioner of the Hewlett-Lawrence Soccer League, Chairperson of the Task Force on Child and Adolescent Issues in the New York State Psychological Association, Media Referral Specialist for the American Psychological Association, Red Cross Mental Health Volunteer and Director for NYAPT. She is active professionally and has published two books in 2010, as well as contributing a chapter about selective mutism in Athena Drewes and Charles Schaefer's book, School Based Play Therapy, second edition. She is completing another book at this time, which is expected to be released this spring. Dr. Laurie is sought for her advice on child development where she is a frequent contributor to media venues which among others in 2010 have included: Parents Magazine, CNN, USA Today, American Baby, the London Times, AOL on-line and an ABC radio affiliate. She lives with her husband Fred, who is also a psychologist and together they have raised four sons.

**BALLOT ON THE NEXT PAGE**

**VERY IMPORTANT – BALLOT FOR  
ELECTION OF OFFICERS  
RETURN BY FEBRUARY 28, 2011**

TO: All Members of the New York Association for Play Therapy

FROM: Athena A. Drewes, PsyD, RPT-S. NYAPT Vice-President

RE: Election

DATE: February 15, 2011

It is election time for officers of your Board. We ask that you complete the following ballot and return it to me as soon as possible. **PLEASE VOTE** – we want this to be a reflection of your wishes. Biographical information on each candidate is attached. Please be aware, in order for your vote to count, **you must provide your signature on the envelope when you return the ballot; otherwise the ballot cannot be counted.** Thank you for your prompt response. Installation of new officers will be held during the Membership meeting at the conclusion of our annual conference. The nominees follow – please vote for each position:

Corresponding Secretary:

**(Select ONE)**

\_\_\_\_\_ Rebekah Crofford

\_\_\_\_\_ Jillian Kelly

Directors:

**(Select TWO)**

\_\_\_\_\_ Joan Bender

\_\_\_\_\_ Stephen Demanchick

\_\_\_\_\_ Chris Foreacre

\_\_\_\_\_ Laurie Zelinger

The names of those receiving the highest number of votes will be installed as your new officers on March 18, 2011.

**Please return this form no later than February 28<sup>th</sup> - (YOUR SIGNATURE MUST BE ON ENVELOPE) to:**

Athena A. Drewes, PsyD, RPT-S  
New York APT  
P.O. Box 477  
Rhinebeck, NY 12572